

Abuse Awareness

Remember your Rights!

- **To be safe** at home, work, and in the community
- **To be treated with respect** by family, staff, and others
- **To make choices** about your own life
- **To say no** if something makes you uncomfortable or not feel safe.
- **To speak up** and be heard



What is **Abuse**?

- Hitting or pushing you
- Screaming, name-calling, threats, or bullying
- Touching you without permission
- Keeping you from family and friends
- Stealing your money, belongings, or medicine
- Not giving you food, medicine, or help you need



What You Can Do ...

- **Tell someone** you trust.
This can be a family member, friend, staff, Support Administrator, or advocate
- **Keep asking for help** until you feel safe
- **Call 911** if you are in immediate danger and need police.



Who Else Can you Call?

- Cuyahoga County Major Unusual Incident (MUI) Reporting Hotline:
1-440-333-6841
- Ohio Department of Developmental Disabilities Abuse Hotline:
1-800-617-6733