



C U Y A H O G A C O U N T Y
Board of Developmental Disabilities



Cleveland Clinic Children's

Heart Doctor Visit

Social Story

Written and developed by CCBDD Intensive Support Teams & Cleveland Clinic Children's Medical Staff

Supporting and empowering people with developmental disabilities
to live, learn, work and play in the community

Sometimes I need to go see a special doctor to check my heart.



Once we get to the doctor's office, I will wait with my grown-ups until it's my turn to go back.



First, a nurse will check my weight. I might have to take off my shoes. Then, all I have to do is stand on the scale.



Sometimes, I will need to wait in the exam room.
When it's time, we will go to the next room for a
test.



The helper might take pictures of my heart with a special camera. The jelly they put on the camera just feels a little wet on my chest and belly.



Once we're done taking pictures, I might get a break to play!



Next, the nurse might come in for another test.



The nurse might put sticky tabs on my chest and belly. They will connect to these long lines. The lines clip on to the end of the sticky tabs and don't hurt at all!



The lines connect the sticky tabs to this computer that tells the doctor about my heart.



After that, the heart doctor will come in.
The heart doctor will listen to my heart and talk to
my grown-ups.



I did great at my visit to the heart doctor!





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