Design Cuyahoga DD's annual winter greeting card!

The winter holiday card is mailed to people and families served by Cuyahoga DD and Cuyahoga DD community partners.

People with developmental disabilities who live in Cuyahoga County can win \$100 if their art is chosen.

A brief artist's biography will be included anywhere their art is used.

The art should feature winter and/or the holiday season.

Get out those paints, pencils, markers, or cameras and THINK WINTER!

Here are the rules:

- Create your entry on 8.5 x 11 to 11 x 17 paper or send in a photograph.
- Please do not represent any one holiday. Stick with winter scenes or symbols that represent the season or create an abstract, colorful design.
- Attach the artist's information form carefully to the back of the art or include the artist's information in an email.

To submit artwork:

- Mail to Cuyahoga DD. Please do not fold.
 1275 Lakeside Ave. Cleveland, OH 44114
 Attention: Holly Grady
- Email Grady.Holly@CuyahogaBDD.org. (Please keep original artwork in case it is needed.)
- Drop-off at Cuyahoga DD, 1275 Lakeside Ave.
 Mon Fri. from 8:30 am 4:30 pm.

The contest deadline is October 28, 2024. For additional info, call 216-736-2696 or email Grady.Holly@CuyahogaBDD.org.

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Coming Up Cuyahoga DD Board Meetings

Thursday, October 24

Thursday, November 21
Thursday, December 19
Board meetings begin at 5:30 p.r
unless otherwise noted.

Agenda and meeting informatican be found on our website:
www.CuyahogaBDD.org

2024 Family & Provider Resource Expo Sunday, November 10 NEWS, VIEWS

& NOTES

October 2024

A Message from the Superintendent

Dear Friends:

You will notice a change in our News, Views, and Notes format.

It is now being written in Plain Language, like the 2023 Annual Report that we published earlier this year.

Writing in Plain Language helps us make sure as many people as possible can read and understand what we have to tell them.

We are working on making other communications you receive from us simpler, too.

In this update, you will read about grants Cuyahoga DD is making to increase the number of adult changing tables in Cuyahoga County.

You will also read about an independent skills bootcamp that will help young adults learn skills to live as independently as they want.

If you have been to our Green Road Center recently, you might have seen a new mural in the gym. You will learn why it is special inside

inside.

And finally, we are kicking off our annual winter card contest. Please encourage the artists you know to participate!

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Superintendent & CEO

Increasing Access to Adult Changing Tables in Cuyahoga County

There is a movement in Ohio to increase the number of adult changing tables throughout the state.

This is important for a number of reasons.

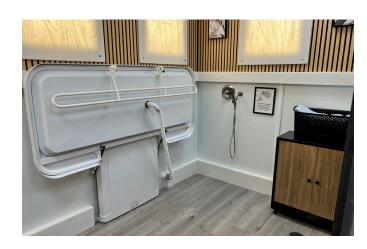
First, it gives people with disabilities or other medical needs a safe, private space to take care of their restroom needs.

Second, it makes public spaces more accessible, and it helps people with disabilities participate more in their communities.

Third, it is easier on caregivers to know there is an adult changing table where they are going instead of having to leave the event or place when they have to address a restroom need.

Cuyahoga DD is helping make Cuyahoga County more accessible through grants that will help community organizations install adult changing tables.

By the end of this year, these grants will bring the number of adult changing tables in Cuyahoga County to nearly 25.



Live Your Best Life Bootcamp

This is an interactive learning program that is led by an instructor and an instructor's aide.

Daily classes take place in the classroom, fitness center, kitchen, the community.

You will learn independent living skills like:

- Finances
- Relationships
- Work
- Health
- Living on your own
- And more!

Bootcamp is open to anyone eligible for Cuyahoga DD services who is 18 or older.

Waiver funding is not required.

You will receive a certificate when you complete the program.

The fall class is full, but we will run another session in January, 2025.

To learn more and register, scan the QR code with your phone.



New Mural at Green Road Center

If you have been to Cuyahoga DD's Green Road Center lately, you might have seen a new mural in the gym!

Cuyahoga DD asked mural artist Isaiah Williams, who goes by Starbeing on Instagram, to work with people Cuyahoga DD serves on the colorful mural.

The mural pictures inclusion in sports and recreational activities.

Providers like My Choice, Bright Buddies, and the Perfect Choice brought people they serve to spend part of their day painting the mural.

The mural is part of a full gym renovation.

New floors and bleachers are also being installed in time for the Cuyahoga County Rockets Special Olympic basketball team to begin their season!



